

# COVID-19 GUIDANCE FOR STUDENTS

**Avoid coming to campus, or leave immediately if already on campus, if you have:**

- A fever of greater than 100.4 degrees or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea
- Been diagnosed with COVID-19 or advised by a healthcare provider to self-isolate because you are experiencing COVID-19-like symptoms
- Presently asymptomatic but have been in close contact with an individual diagnosed with COVID-19. For a definition of “close contact,” see <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>.



**Notify your instructor of your absence in a timely manner and in accordance with class procedures.**

**Follow guidance from the Centers for Disease Control and Prevention (CDC) if you are sick with COVID-19 or think you may have been exposed to COVID-19.**

- See <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/index.html>.

**Complete and [submit the questionnaire at this link](#), (requires myLakeland login) if I have:**

- Been advised by a healthcare provider to self-isolate because I am experiencing COVID-19-like symptoms
- Been diagnosed with COVID-19
- Been in close contact (as defined by the CDC) with an individual diagnosed with COVID-19
- The confidential questionnaire includes guidance for returning to campus per CDC guidelines. Respondents may be contacted with additional questions and/or instructions after it is reviewed. Questions or concerns may be directed to Cathy Bush, Chief of Staff and Senior Vice President for Institutional Development and Effectiveness, at 440-525-7112 or [cbush@lakelandcc.edu](mailto:cbush@lakelandcc.edu).

**Wear a face covering, preferably a cloth mask,** in the manner recommended by the CDC before entering college buildings, and for the duration of time that you are on campus in common areas, classrooms, restrooms, or in the presence of others.

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### **Wear a face covering (Continued)**

- If you forget your mask, limited quantities of disposable, single-use masks are available at designated entrances.
- If you are unable to wear a cloth face mask due to a health condition, please contact Cathy Bush (440- 525-7112 or [cbush@lakelandcc.edu](mailto:cbush@lakelandcc.edu)) to discuss accommodations.
- Do use coverings that fit snugly but comfortably and allow for breathing without restriction. Secure behind the head with ties or ear loops. Wear horizontally.
- Do ensure that your mouth, nose, and chin are covered at all times. Do not allow mask to slip below your nose and do not untie straps or unhook ear loops.
- Do practice hand hygiene before putting on and immediately upon removing the mask.
- Do launder cloth face coverings after each use; do not wear while still wet from laundering.
- Don't reuse disposal face coverings.
- Do not touch your eyes, nose, or mouth when removing the mask.

**Maintain the appropriate recommended social distance of 6 feet or greater when around others** and comply without argument if you are asked to step back.

- Refrain from hugging and shaking hands with others.
- Work with others in a socially distant manner, using technology to replace in-person meetings.
- Be alert for and respect floor markings in public areas, office reception areas, and outside of private offices.
- Avoid congregating for extended periods of time with others in breakrooms, hallways and other areas.
- Avoid sharing work materials, phones or equipment. Avoid sharing or leaving food out in the open.
- Limit food and beverage consumption to designated areas (Breakers Dining Hall and BUZZ), or outside.

### **Practice good personal hygiene by:**

- Washing hands for 20 seconds or longer with soap and warm water, using a clean towel or air drying
- Applying hand sanitizer throughout the day, and especially after using the restroom or touching public surfaces such as vending machines, tables, stair rails, elevator buttons, doors or desks
- Refraining from touching your face
- If not wearing your face covering while eating, covering your mouth when coughing and/or sneezing with a tissue or your arm
- Immediately disposing of used tissues, napkins, disposable utensils, etc., in the appropriate receptacles
- Frequently disinfecting desks, workstations, shared equipment, and high-contact surfaces (e.g., vending machines, keyboards, keypads)

**Comply with the directives found on posted signage** (e.g., maximum number of occupants in an elevator).

**Comply with the directives for the instructional setting** as conveyed by the instructor, campus police, and Lakeland representatives.

**Report violations of the above** to the Human Resources Department, the office of the Dean of Students, and/or Campus Police. Questions, concerns, and kudos related to COVID-19 may be registered via the feedback links found on the college's COVID-19 webpage: <https://lakelandcc.edu/web/about/notices/coronavirus-campus-updates>

**Compliance with these requirements** for the presence of students on campus is enforced by the Student Code of Conduct.

Updated: January 5, 2021

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