



THIS IS **YOUR WHY**



“ I want to work in health care to help people get back to leading their best lives. ”

**Polysomnography
(Sleep Tech)**

Lakeland
COMMUNITY COLLEGE
POLYSOMNOGRAPHY



Becoming a Sleep Tech

Polysomnographers, also known as sleep techs, help people of all ages with sleep disorders.

Sleeps techs:

- » Are knowledgeable about sleep science and bioelectricity studies such as EKG, EEG, EMG
- » Monitor respiratory functions
- » Observe cardiopulmonary physiology
- » Conduct PAP titrations for treatment of sleep apnea
- » Conduct diagnostic sleep studies to allow physicians to diagnose sleep disorders and other comorbidities

How long does it take to complete this program and be job-ready?

- » 32 credits (3 semesters)
- » Program starts fall semester of each year.

Clinical experience takes place in spring and summer.



Credential

Lakeland's program graduates are eligible to take a national exam to become a registered polysomnographic technologist known as an RPSGT.

How to Start

Contact the program coordinator for details to start in the next session.

Erin Toth, Ed.D., PMP, DASM, RPSGT

440.525.7195

EToth7@lakelandcc.edu

Curriculum

lakelandcc.edu/polysom



Apply to Lakeland

lakelandcc.edu/apply

Visit campus

lakelandcc.edu/visit

Financial Aid

lakelandcc.edu/financialaid

Quality Education

Professors at Lakeland are experts in their fields with real-world experience. Lakeland prepares you for a high-demand career or for transfer to a four-year college or university.

Affordable Tuition

Lakeland's tuition is about one-third the cost of most four-year schools. Many students are eligible to receive some form of financial assistance.

Convenience

Lakeland offers convenient day, evening, weekend and online courses.

Focus on Students

Lakeland offers a variety of student services to help you succeed, such as counseling, tutoring, computer labs, careers services, free parking and affordable child care.

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