



January Mini Meals 2023

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	AM CLOSED	3	AM Crackers, Soy Butter & Water	4	AM Cereal & 1% Milk	5	AM Berries, Yogurt & Water	6	AM Toast, Jelly & 1% Milk
	PM Happy New Year!		PM Grahams & 1% Milk		PM Veggies, Dip & Water		PM Cheddar Goldfish Crackers & 1% Milk		PM Apples, Soy Butter & Water
9	AM Cereal & 1% Milk	10	AM Oranges, Pretzels & 1% Milk	11	AM Pretzels, Cheese & Water	12	AM Grahams & 1% Milk	13	AM Bagels, Cream Cheese & 1% Milk
	PM Waffles & 1% Milk		PM Trail Mix & 1% Milk		PM Veggie Straws & 1% Milk		PM Veggies, Dip & 1% Milk		PM Cereal, Bananas & Water
16	AM CLOSED	17	AM Cereal & 1% Milk	18	AM Waffles & 1% Milk	19	AM Apples & 1% Milk	20	AM Toast, Soy Butter & 1% Milk
	PM Martin Luther King Day		PM Goldfish Grahams & 1% Milk		PM Grahams & 1% Milk		PM Cheddar Goldfish Crackers & 1% Milk		PM Cereal & 1% Milk
23	AM Cereal, Berries & 1% Milk	24	AM Crackers, Cheese & Water	25	AM Cheddar Goldfish Crackers & 1% Milk	26	AM Oranges & 1% Milk	27	AM Cereal & 1% Milk
	PM Cheddar Goldfish Crackers & 1% Milk		PM Apples & 1% Milk		PM Bananas & 1% Milk		PM Cereal & 1% Milk		PM Goldfish Grahams & 1% Milk
30	AM Cereal & 1% Milk	31	AM Cheddar Goldfish Crackers & 1% Milk						
	PM Veggies & 1% Milk		PM Cereal & 1% Milk						